

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri 10 am - 5 pm

Phone: (262) 239-7883

W197 N4950 Hickory St.

Menomonee Falls, WI 53051

DIRECTOR

Hilary Schuppener

aeropark@ardenpropertygroup.com

LEASING

Mon - Fri 10 am - 5 pm

Phone: (262) 239-7883

LEASING SPECIALIST

Nikki Schaefer

apleasing@ardenpropertygroup.com

MAINTENANCE

Mon - Fri 9 am - 3 pm

Phone: (262) 239-7883

Evenings & Weekends (The AnSer)

Emergencies ONLY (800) 263-6148

MAINTENANCE TEAM

Chris Braith

HOUSEKEEPING TEAM

Nivea Shepherd

AN ARTFUL AGE

"Youth is the gift of nature, but age is a work of art." —Stanislaw Jerzy Lec

UPCOMING SPOTLIGHT EVENTS



Cooking Demo With Chef Staci

THURSDAY, OCTOBER 8TH AT 3 PM

COMMUNITY ROOM

Cooking demo featuring a Fall Comfort Meal of Mac-n-Cheese with Bacon & Cranberry Cake. Space is limited to 16 guests.

\$15 per person. RSVP by Oct. 6th.



Wine Down - Homecoming Edition

WEDNESDAY, OCTOBER 14TH AT 4 PM

CLUB ROOM

Wine Down Wednesday with a twist! Dance the night away to the sounds of a live DJ.

Dress up & make it a night to remember!

RSVP by Oct. 12th.



Singer, Gary Wisner

TUESDAY, OCTOBER 20TH AT 2 PM

COMMUNITY ROOM

Enjoy an afternoon of smooth baritone vocals to timeless classics by Dean Martin, Frank Sinatra, Nat King Cole & many more.

\$5 per person. RSVP by Oct. 17th.



Chicken Parmesan Dinner

THURSDAY, OCTOBER 22ND AT 5 PM

COMMUNITY ROOM

Italian dinner catered by Apple Spice! Enjoy chicken Parmesan, penne pasta, veggies, salad, bread & refreshments.

\$17 per person. RSVP by Oct. 15th.



Halloween Party

FRIDAY, OCTOBER 30TH AT 3 PM

COMMUNITY ROOM

Join us for a spooktacular party filled w/ food, treats, fun, music, and prizes! Come dressed to impress and enter the costume contest.

\$7 PER person. RSVP by Oct. 25th.



HIGHLANDS
AT AERO PARK LLC
Apartments & Townhomes 55+



RESIDENT REMINDERS

Fall Clean-Up Time

Please take some time to clean up your patios and balconies before November. As we prepare for winter, please remove all dead plants, trash, and summer furniture, and cover or store any outdoor items. If you use the common storage room in your building's garage, please ensure all items are covered and clearly labeled with your name and apartment number. Thank you for helping keep our community clean, safe, and well-maintained throughout the winter months.

Common Area Expectations

The common areas and hallways of our communities are shared spaces enjoyed by all. As a friendly reminder, please be mindful of the following when in the common areas: Avoid behavior that could create a nuisance such as playing, loitering, loud noises, offensive conduct, inappropriate attire (please have shoes and appropriate street attire on at all times), or playing music without headphones.

If you have any questions about what is or is not allowed in the common areas, please refer to your lease or contact the Resident Services Office for more information.

We thank you in advance for your cooperation and for making our community a great place to live for all of our residents.

Cookies Galore

October is National Cookie Month, the tastiest time to start testing recipes for the upcoming holiday season. Consider taking part in a cookie exchange this year. It's a fun, budget-friendly and delicious way to celebrate!

Check Doors Behind Yourself

You may have noticed the change in Wisconsin weather temperatures can oftentimes impact the operation of the automatic doors and the mechanism used to properly close them. We kindly request that you take some extra time to ensure that all doors close behind you when entering and leaving the building. Your cooperation is greatly appreciated.

ONSITE & LOCAL SERVICES

Aero Park Wellness Spa

4TH FLOOR | WEST ENTRANCE

The Aero Park Wellness Spa offers a variety of services from different professionals. Below is a list of services and contact information:

Leick Physical Therapy: Melissa Leick, Ph.D. in PT

(262) 309-4870 Services & Pricing:

Trigger Point Dry Needling and Class IV Laser Therapy, \$100/hour

Rebalance Massage Therapy: Nicole Krell, LMT

(262) 295-7626 Services & Pricing: Massage therapy

\$85-\$130

Reiki: Chris Kramer, Reiki Master, Energy Healer & Board Certified Functional Wellness Coach

Services: \$40 to \$125

ckramercoaching@gmail.com or (414) 719-6634

Spectrum Cable

CUSTOMER SERVICE (855) 895-5302

WE Energies

CUSTOMER SERVICE (800) 242-9137

Senior Shuttle-Johnson Bus

CUSTOMER SERVICE (262) 251-4230

Menomonee Falls City Hall

MAIN PHONE (262) 532-4200

Pool Hours

Open: 5 am - 12 pm & Open: 1 pm - 10 pm

Closed: 12 pm - 1 pm For Daily Maintenance

The pool temperature is regulated at 80 to 84 degrees.



WHAT'S COOKING

Apple Cranberry Cobbler

Ingredients:

- Cooking spray
- 3 Gala apples, peeled, cored and cut into 1/2-inch thick slices
- 1 1/2 cups fresh or frozen cranberries
- 2 teaspoons lemon juice
- 1 teaspoon vanilla extract
- 1/2 cup granulated sugar
- 2 tablespoons cornstarch
- 1/2 teaspoon ground cinnamon
- 1 container (10.2 ounces) refrigerated homestyle biscuits, quartered
- 2 tablespoons butter, melted
- 2 tablespoons coarse or sparkling sugar

Directions:

Heat oven to 375° F. Spray medium-size baking dish with cooking spray.

In large bowl, combine apple slices, cranberries, lemon juice and vanilla. In small bowl, combine granulated sugar, cornstarch and cinnamon. Stir into fruit mixture. Spoon mixture into prepared dish. Cover with foil.

Bake 40 to 45 minutes or until fruit begins to bubble.

Remove from oven.

Toss biscuit pieces in melted butter and distribute evenly over fruit, pressing biscuits down slightly into filling. Sprinkle biscuits with coarse sugar. Return to oven and bake 18 to 20 minutes or until biscuits are golden brown and filling is bubbly. Remove from oven. Cool before serving.

More recipes at www.Wilton.com.



CELEBRATING FREEDOM

October is one of Wisconsin's most beautiful months. As the leaves transform into brilliant shades of red, orange, and gold, we're reminded that every season brings something special to enjoy. The crisp autumn air, pumpkin spice treats, and stunning fall landscapes make this the perfect time to gather with friends, stay active, and embrace the traditions of the season. October also brings the fun of spooky season! Halloween isn't just for kids. It's a chance to enjoy a little nostalgia, share favorite memories, and take part in festive activities. Whether it's admiring seasonal decorations, enjoying fall treats, or participating in community events, there are plenty of ways to celebrate. Beyond the fun and festivities, October is a time of reflection and awareness. It is Breast Cancer Awareness Month, reminding us of the importance of health, wellness, and supporting those affected by cancer. It is also a month to celebrate community, friendship, and gratitude as we transition into the holiday season. Speaking of holidays, they are closer than we think! October is the perfect time to start planning ahead. Consider making a holiday shopping list, organizing

decorations, updating travel plans, or scheduling visits with family and friends. Taking care of preparations early can help reduce stress and leave more time to enjoy Thanksgiving, Hanukkah, Christmas, New Year's celebrations, and other cherished traditions. With Wisconsin winter just around the corner, now is also a great time to prepare for colder weather. Check that winter coats, hats, gloves, boots, and vehicles are ready to go. Review emergency supplies and replace flashlight batteries. A little planning today can help make the winter months safer and more comfortable. As we enjoy the beauty of autumn, we'd like to wish everyone a wonderful October filled with friendship, fun, gratitude, and a touch of Halloween magic.



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

October Pie

Celebrate National Pizza Month in October with either popular standard toppings (like pepperoni, mushrooms, sausage and extra cheese) or up-and-comers (hot honey, plant-based pepperoni and dill pickles).

Fall's Favorite Festival

The original Oktoberfest in Munich from mid-September to early October inspires hundreds of American "Volksfests" — German for "people's festivals." In early fall, festival-goers near and far enjoy Bavarian food, drink and fun, raising a glass and a "cheers" (or "prost") to German heritage.

CONGRATULATIONS

Who Won \$100?

Our lease renewal drawing winners are Tom & Audrey T.!

